

**South Ayrshire Council**

**Report by Depute Chief Executive and Director – People  
to Leadership Panel  
of 18 September 2018**

---

**Subject: An Update on Breakfast Clubs in South Ayrshire  
Schools**

---

**1. Purpose**

- 1.1 The purpose of this report is to provide the Leadership Panel with an update on breakfast clubs in schools across South Ayrshire.

**2. Recommendation**

**2.1 It is recommended that the Panel:**

**2.1.1 approves the contents of this report; and**

**2.1.2 requests the Depute Chief Executive and Director – People to provide an annual update via the Members’ Bulletin.**

**3. Background**

- 3.1 At the Leadership Panel meeting of 16 January 2018, Members were advised on the number of breakfast clubs operating across South Ayrshire both in the public and private sector and costs associated with providing this service. Members committed to there being no charge for school lets for breakfast clubs in South Ayrshire from 25 October 2017 and requested that a further update be provided to the Leadership Panel in September 2018.

- 3.2 There is a wide range of operating models for breakfast clubs within South Ayrshire and details of these are provided in Appendices [1](#) and [2](#). In summary:

3.2.1 Within South Ayrshire Council, 25 of our 41 primary schools operate a breakfast club. Seven of our 8 secondary schools have canteen facilities open for pupils to access prior to the start of the school day and 5 secondary schools have recently introduced a breakfast club using Pupil Equity Funding (PEF). One secondary school is planning to introduce a breakfast club facility during session 2018/19

3.2.2 Out of these 30 breakfast clubs, 21 are run by South Ayrshire Council and 9 are privately run.

3.2.3/

3.2.3 The number of children using a breakfast club varies from school to school. We now have around 800 children accessing breakfast club provision at least one day per week. The data in [Appendix 1](#) shows the number of children using the breakfast clubs on a weekly basis.

3.2.4 The cost per day for a child attending a breakfast club varies from no cost to the pupil to £4.50 per day in one privately operated facility. All of the South Ayrshire Council clubs provide the breakfast free of charge or with a minimal charge, with measures in place to ensure equity and remove any barriers. Struthers Primary has reduced their charge by £0.50.

#### **4. Proposals**

4.1 It is proposed that the Leadership Panel note the updated information regarding breakfast clubs and the comments in relation to the impact of breakfast clubs.

4.2 Feedback from schools who have a breakfast club facility has been very positive. Full details of the views of those surveyed as detailed in [Appendix 3](#), however in summary schools reported:

- improvements in wellbeing through support for our most vulnerable children and young people;
- a positive impact on attendance and reduced late coming patterns;
- improved nurture for children and families; and
- increased parental engagement.

#### **5. Legal and Procurement Implications**

5.1 There are no legal implications arising from this update report.

5.2 There are no procurement implications arising from this update report.

#### **6. Financial Implications**

6.1 Not applicable.

#### **7. Human Resources Implications**

7.1 Not applicable.

#### **8. Risk**

##### ***8.1 Risk Implications of Adopting the Recommendations***

8.1.1 There are no risks associated with adopting the recommendations.

##### ***8.2 Risk Implications of Rejecting the Recommendations***

8.2.1 Rejecting the recommendations may impact on the reputation of the Council.

## 9. Equalities

- 9.1 The proposals in this report allow scrutiny of performance. The report does not involve proposals for policies, strategies, procedures, processes, financial decisions and activities (including service delivery), both new and at review, that affect the Council's communities and employees, therefore an equality impact assessment is not required.

## 10. Strategic Environmental Assessment

10. The proposals in this report do not represent a qualifying plan, programme, policy or strategy for consideration for SEA. There exists therefore no obligation to contact the Scottish Government Gateway and no further action is necessary. An SEA has not been undertaken.

## 11. Options Appraisal

- 11.1 An options appraisal has not been carried out in relation to the subject matter of this report.

## 12. Link to Council Plan

- 12.1 The matters referred to in this report contribute to the Council strategic objective to 'Develop learning and care systems that place schools at the heart of communities, targeting children and families in need, especially looked-after children' and within that 'We will increase physical health, mental health and wellbeing assessments for looked after children.'

## 13. Results of Consultation

- 13.1 There has been no public consultation on the contents of this report
- 13.2 Consultation has taken place with Councillor William Grant, Portfolio Holder for Lifelong Learning, and the contents of this report reflects any feedback provided.

## 14. Next Steps for Decision Tracking

- 14.1 If the recommendations above are approved by Members, the Depute Chief Executive and Director – People will ensure that all necessary steps are taken to ensure full implementation of the decision within the following timescales, with the completion status reported to the Leadership Panel in the 'Council and Leadership Panel Decision Log' at each of its meetings until such time as the decision is fully implemented:

<b><i>Implementation</i></b>	<b><i>Due date</i></b>	<b><i>Managed by</i></b>
Schedule submission of an annual update via the Members' Bulletin	19 September 2018	Depute Chief Executive and Director - People

**Background Papers**    [South Ayrshire Council - Minutes - 5 October 2017](#)  
[Service and Performance Panel \(Special\) – Minutes - 7 December 2017](#)  
[Leadership Panel – Minutes – 16 January 2018](#)

**Person to Contact**    Douglas Hutchison, Depute Chief Executive and Director - People  
County Buildings, Wellington Square, Ayr, KA7 1DR  
Phone 01292 612234  
E-mail [douglas.hutchison@south-ayrshire.gov.uk](mailto:douglas.hutchison@south-ayrshire.gov.uk)

**Date:** 10 September 2018

## Breakfast Clubs Overview – August 2018

School Name	Breakfast Club - yes/ no	SAC run or privately run	No of children accessing a breakfast club (per day)	Cost per day to attend club
Annbank Primary	Yes	Private	35	Free
Barassie Primary	Yes	SAC	20	Nominal fee to cover food costs only – not for profit. Measures in place to ensure equity and remove any barriers
Barrhill Primary	Yes (1 day per week)	SAC	6	free
Braehead Primary	Yes	SAC	30-35	free
Cairn Primary	Yes	SAC	60	free
Coylton Primary	Yes	Private	20-25	£4.50 per session
Dailly Primary	Yes	SAC	10	Nominal fee to cover food costs only – not for profit. Measures in place to ensure equity and remove any barriers free
Dalmilling Primary	Yes	SAC	40-80	free
Forehill Primary	Yes	Private	20	£4.40
Gardenrose Primary	Yes	SAC	10	Nominal fee to cover food costs only – not for profit. Measures in place to ensure equity and remove any barriers
Girvan Primary	Yes	SAC	60	free
Glenburn Primary	Yes	Private	32	£3.50
Kincaidston Primary	Yes	SAC	45	free
Kingcase	Starting session 2018/19	Private	tbc	tbc

School Name	Breakfast Club - yes/ no	SAC run or privately run	No of children accessing a breakfast club (per day)	Cost per day to attend club
Kirkmichael Primary	Yes	Private	8	Nominal fee to cover food costs only (30p) – not for profit. Measures in place to ensure equity and remove any barriers
Minishant Primary	Yes	SAC	17	free
Monkton Primary	Yes	SAC	12	free
Muirhead Primary	Yes	Private	25	Nominal fee to cover food costs only (a maximum of £1) – not for profit. Measures in place to ensure equity and remove any barriers
Newton Primary	Yes	SAC	35-40	free
Sacred Heart Primary	Yes	SAC	40	free
St. Cuthbert's Primary	Yes	SAC	10	free
St. John's Primary	Yes	SAC	100	free
Straiton Primary	Yes	Private	6	Nominal fee to cover food costs only (30p) – not for profit. Measures in place to ensure equity and remove any barriers
Struthers Primary	Yes	Private	25	£1.50
Tarbolton Primary	Yes	SAC	45	free
Secondary				
Ayr Academy	Yes	SAC	8	free
Belmont Academy	Yes	SAC	15	free
Girvan Academy	No	SAC	10	free

School Name	Breakfast Club - yes/ no	SAC run or privately run	No of children accessing a breakfast club (per day)	Cost per day to attend club
Marr College	Yes	SAC	10	free
Prestwick Academy	Starting session 2018/19	SAC	tbc	free
Queen Margaret Academy	Yes	SAC	12	free

**South Ayrshire Primary/ Special Schools which do not have breakfast clubs or access to school canteen facilities before school starts**

Barr Primary
Ayr Grammar Primary
Ballantrae Primary
Colmonell Primary
Crosshill Primary
Dundonald Primary
Fisherton Primary
Heathfield Primary
Holmston Primary
Invergarven School
Maidens Primary
Southcraig School
St Patricks Primary
St. Ninian's Primary
Symington Primary
Troon Primary
Carrick Academy
Kyle Academy



## **Breakfast Clubs in South Ayrshire**

These comments summarise school views in relation to the impact of breakfast clubs in South Ayrshire:

### **Health and wellbeing**

General impact on health and wellbeing:

- Improvements in wellbeing through support for our most vulnerable children and young people
- Safe, calm and welcoming place for children in the morning helps settle children and young people
- Provision of a healthy nutritious breakfast for a significant number of children and young people - benefit of knowing that they have been fed at start of the day
- Active start to the school day- supported by Active Schools offering a range of activities throughout the week
- Children benefit from exercise and activity
- Health promotion - routines for hand washing and tooth brushing are established

### **Attendance/ Latecoming**

Schools report a positive impact on attendance and reduced late coming patterns for those who attend breakfast clubs.

### **Ready to learn**

Schools report a positive impact for those who attend breakfast clubs:

- Children more focussed, settled and ready to learn
- Children show improved concentration
- Children have more energy at the start of the school day
- Staff can pick up on presentation/ mood
- Staff report a significant improvement in focus and motivation when lessons start

### **Social benefits**

Schools report a range of positive social benefits for those who attend breakfast clubs:

- Opportunities for social mix and to build relationships with children and young people from across the school
- Opportunity to develop social/ soft skills
- Some clubs are attended by wider family
- Children enjoy breakfast clubs and are keen to attend
- Nurturing for children and families
- Opportunity to see children in an informal setting

## **Relationships with parents and carers**

- Support for working families has had an impact on relationships with the school
- Increased parental engagement – parent volunteers building confidence
- Opportunities for discussion with children and families – relationship building
- Opens communication channels at start of day

## **Impact on families**

- Impact has been to support families – allowing parents/ carers to access work/ employment opportunities that otherwise they were unable to consider
- Support for working families has had a positive impact on relationships with the school
- Families benefit from flexibility in terms of childcare

## **General**

Schools reported a number of general benefits from having a breakfast club:

- children and young people benefit from structure and routine offered by breakfast clubs
- Breakfast clubs have become an integral and key part of the school
- Opportunities are provided to engage further with the wider school community
- breakfast clubs are used as part of wider range of supports in schools for children and young people